## Oyster River Cooperative School District – District Wellness Committee Meeting Tuesday, January 7, 2020 - 3:45pm in the HS office Conference Room

**Present:** Todd A., Theresa P, Holly P., Student Rep-Ella Gianino, Kim Felch, Jesse M., Sheila K., Al H., Katherine M., Kim W, and Cindy D.

Meeting Called to Order at: 3:45pm by Todd Allen.

**Introductions:** Ella Gianino, an ORHS Junior, was introduced as one of the two Student Representatives. The other Student Representative will be Holly Reid.

**Student Wellness Survey**: Kim W., Jesse M., Todd A, and Al H., will be looking at merging the Homework Survey and Wellness Survey. They will do some comparisons of the information in both surveys and bring their ideas to the Board in February. It was noted that the student and staff feedback received regarding the start time change is about 50/50.

**PIG - Policy Information Guidance Committee:** The committee has only met once since September. The group is working on ways to educate the staff, parents and students on the physical education and nutritional components of the policy. They need to make a few corrections first; lunch and recess times for which grades; not all elementary recesses happen after lunch, etc. The committee will meet next on January 27, 2020.

**EWC – Employee Wellness Committee**: The committee will meet again on January 29, 2020 at 3:45pm in the SAU Conference Room.

**Mental Health:** Kim F. shared that there is a District-wide DESSA screening in the works. IT is still getting the data privacy in place. The DESSA tool has been used in the past; however, laws have recently changed due to privacy. If we can use it, we will be able to track students from year to year to determine if they is an additional need for those students. They are in a holding pattern until IT gets the privacy policy worked out. MTSS is up and running.

Also, one of four 5<sup>th</sup> grade teams is piloting Open Circle. Both elementary schools are using Open Circle for all students this year. The 5<sup>th</sup> grade teachers are really liking it. K-4 has established a Social Emotional Sub Committee, the middle school does not have a committee yet, that is the next step.

At the high school, they are looking at a more structured curriculum. Counseling uses advisory time to promote social emotional information.

Next Meeting: Tuesday, March 10, 2020 at 3:45pm in the HS Conference Room

Meeting Adjourned: 4:45pm

Minutes Respectfully Submitted by: Theresa Proia