

Oyster River Cooperative School District – District Wellness Committee Meeting Tuesday, May 18, 2021 - 3:30pm via Teams

Present: Kim W., Kim F., Todd A., Theresa P., Doris D., Cindy D., and Katherine M.

Meeting Called to Order at: 3:33pm by Kim Wolph.

EWC Update: Todd spoke about how the Employee Wellness Committee has not been very active during the pandemic. The staff members have so much on their plate, wellness activities seem to be just another thing they must do. Theresa explained we are in open enrollment, so right now things are busy for her, so she has no time for wellness activities right now.

Hope and Resilience: The Administrators are embracing the Hope and Resilience Program to help effectively deal with burn out and passion fatigue. More than 60 people have been surveyed to determine the health of the administrative group, and the organizational and the individual supports that are present. The data received will determine where individuals are in regard to burnout and will offer advice for continued support.

Re-Org of Mental Health Department: Kim Felch will move to the MS Counseling Department, as she has extensive Middle School experience. We will hire a new Director of Counseling at Oyster River High School. There will also be a K-4 Leadership team that will include 3 people: HS Counseling Director, Kim Felch, MS Counselor, and Elementary Mental Health Counselor.

Committee Members: Kim W noted that we had two student reps this year, and then we went remote! Both student reps will be graduating this year, so we will look for two more.

Student Survey: Jesse Morrel was not present at the meeting to discuss this topic. However, since students have not been present in the building, the survey was not conducted. Next year we will need to get back into a routine. We also need to determine if Jesse be staying with the committee.

State Reporting: We will need to do the annual report for the State. Todd will ask Sue Johnson how to go about that.

Next Meetings: Our next meeting will be Tuesday, June 8, 2021 at 3:30pm via Zoom. Hopefully by June 8th we will have an idea of what school will look like next year so we can plan accordingly.

Meeting Adjourned: 4:05pm

Minutes Respectfully Submitted by: Theresa Proia