

ORCSD Wellness Committee Meeting Agenda

6/6/16 AT 3:30PM IN THE SAU CONFERENCE ROOM

We are collecting a wellness assessment from each school
So if you cannot come then please send it along with someone from your school who is attending or via interoffice mail to Theresa Proia, SAU 5.

AGENDA

1. Assessments from each School

What do we need to improve to comply with federal standards?

Steps to getting there

2. Mental Wellness Report

3. Physical Wellness Report

4. Nutritional Wellness Report

5. Social Wellness Report

6. Staff Wellness Report

7. Goals for Next Year

**The ORCSD Wellness Committee is a federally mandated committee to uphold the nutritional and physical activity wellness mandates for the entire district. This committee must seek input/representation from students, parents, teachers, nutrition, PE, nursing, counseling, health education and administration. Our committee has chosen, as part of its charge, to be the "umbrella committee" for all wellness in the district including but not limited to social, emotional, environmental, physical and nutritional wellness.*