

# Oyster River High School

## April

2019



Carrots are derived from a Middle Eastern crop called Queen Anne's Lace. This wild ancestor is also a taproot crop but has a white root. Today's carrots vary in color from orange to white, purple, or black. They can be eaten raw, steamed, baked, boiled, or cooked in soups and stews

<p><b>1</b> BOBCAT TACO BAR MADE TO ORDER TACOS BURRITOS, RICE BOWLS, TACO SALADS, GARDEN BAR FRUIT CHOICE</p>	<p><b>2</b> BOBCAT TACO BAR MADE TO ORDER TACOS BURRITOS, RICE BOWLS, TACO SALADS, GARDEN BAR FRUIT CHOICE</p>	<p><b>3</b> PULLED PORK on a BUN HOMEMADE PASTA SALAD BROCCOLI RAISIN SALAD GARDEN BAR CHOICES FRESH LOCAL APPLE</p>	<p><b>4</b> HOMEMADE BEEF STEW w/<b>CARROTS</b> &amp; POTATOES WARM BISCUIT GARDEN BAR CHOICES CHILLED PEACHES</p>	<p><b>5</b> NOODLE BAR, CHICKEN, BEEF, BROTH, ASIAN VEGGIES, HERBS GARDEN BAR CHOICES FRUIT CHOICE</p>
<p><b>8</b> BOBCAT TACO BAR MADE TO ORDER TACOS BURRITOS, RICE BOWLS, TACO SALADS, GARDEN BAR FRUIT CHOICE</p>	<p><b>9</b> BOBCAT TACO BAR MADE TO ORDER TACOS BURRITOS, RICE BOWLS, TACO SALADS, GARDEN BAR FRUIT CHOICE</p>	<p><b>10</b> SLOPPY JOE on a BUN CREAMY COLE SLAW GARDEN BAR CHOICES PINEAPPLE CHUNKS</p>	<p><b>11</b> ROAST TURKEY DINNER MASHED POTATO, GRAVY STEAMY PEAS, STUFFING GARDEN BAR CHOICES SWEET ORANGE SMILES</p>	<p><b>12</b> CHICKEN WING BAR TOASTY BREADSTICKS BLACKBEAN SALAD GARDEN BAR CHOICES FRUIT CHOICE</p>
<p><b>15</b> BOBCAT TACO BAR MADE TO ORDER TACOS BURRITOS, RICE BOWLS, TACO SALADS, GARDEN BAR FRUIT CHOICE</p>	<p><b>16</b> BOBCAT TACO BAR MADE TO ORDER TACOS BURRITOS, RICE BOWLS, TACO SALADS, GARDEN BAR FRUIT CHOICE</p>	<p><b>17</b> OPEN-FACED TURKEY SANDWICH OVEN FRIES STEAMY BROCCOLI GARDEN BAR CHOICES SLICED PEARS</p>	<p><b>18</b> SHEPHERDS PIE WHOLE WHEAT ROLL GARDEN BAR CHOICES <b>ROASTED CARROTS</b> FRESH CANTALOUPE</p>	<p><b>19</b> MACARONI &amp; CHEESE BAR GARBANZO BEAN SALAD GARDEN BAR CHOICES FRUIT SALAD</p>
<p>SPRING RECESS NO SCHOOL</p>	<p>SPRING RECESS NO SCHOOL</p>	<p>SPRING RECESS NO SCHOOL</p>	<p>SPRING RECESS NO SCHOOL</p>	<p>SPRING RECESS NO SCHOOL</p>
<p><b>29</b> BOBCAT TACO BAR MADE TO ORDER TACOS BURRITOS, RICE BOWLS, TACO SALADS, GARDEN BAR FRUIT CHOICE</p>	<p><b>30</b> BOBCAT TACO BAR MADE TO ORDER TACOS BURRITOS, RICE BOWLS, TACO SALADS, GARDEN BAR FRUIT CHOICE</p>	<p>Apply for Free or Reduced meals online at <a href="http://www.lunchapp.com">www.lunchapp.com</a> or request an application from your child's school secretary</p>	<p>School Info: Daily alternate entrees: Deli Bar, Assorted Entrees, Burgers, Chicken Chunks, and more. Garden bar, all fruits, veggies and milk are included with all meals</p>	<p>Lunch Prices: Reduced: .40 Paid: \$3.25 Adults: \$4.50 This institution is an equal opportunity provider</p>